

# **Rituals and Practices for a Prosperous Diwali**





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## Dhanteras (Day 1 of Diwali)

Significance: Dhanteras is dedicated to Lord Dhanwantri, who is associated with health, well-being, and prosperity. Performing rituals on this day ensures protection from illness and attracts good fortune.

### **Purchasing Rituals:**

1. <u>Buying Property or Vehicles</u>: Purchase of new property, cars, or assets is considered auspicious, but only if bought using savings. Avoid purchasing these items on loans as it is believed to attract financial burdens.

2. <u>Gold, Silver, and Alternatives</u>: Buying gold or silver is a common practice to invite wealth into the home. If unaffordable, brass is an alternative. Avoid purchasing steel or iron. Items made from Pancha Dhatu (five metals) or even earthen pots are recommended.

3. <u>Broom</u>: Purchasing a broom on Dhanteras is believed to remove negativity from the home. It signifies clearing out obstacles and bad energy, ensuring a fresh start for the new year.

4. <u>Gomati Chakra</u>: The Gomati Chakra (the operculum of a rare sea snail) is considered sacred and is believed to cleanse one's aura. Keeping it at home helps remove negativity and brings peace and harmony.

### Health Remedies:

For those facing health issues, a special remedy can be performed: take a brass vessel, fill it with Gangajal (holy water) and food grains, and place a one-rupee coin in it. This vessel should be kept in the North-East corner of the house to invite health and healing energies.

### Dhanwantri Yantra:

Installing the Dhanwantri Yantra in the home and reciting the following mantra invokes the divine healing powers of Goddess Dhanwantri:

### Mantra:

ॐ नमो भगवते महासुदर्शनाय वासुदेवाय धन्वंतराये मृतकलश हस्ताय सर्व भयविनाशाय सर्व रोगनिवारणाय त्रिलोकपथाय त्रिलोकनाथाय श्री महाविष्णुस्वरूप श्री धनवंतरी स्वरूप श्री श्री श्री औषधचक्र नारायणाय नमः





### Choti Diwali (Day 2 of Diwali)

Yam Diya: How to Prepare: On Choti Diwali, make a Yam Diya by preparing a small lamp (diya) using sesame or mustard oil. Traditionally, this diya is lit in the South direction of the house, which is associated with Lord Yam, the god of death.

<u>Why to Prepare</u>: The Yam Diya is believed to protect the household from untimely death and invite blessings of longevity and safety for all family members.

By lighting this diya, you pay homage to Lord Yam and ask for his blessings to keep away negativity and premature death.

### Chau Mukhi Diya:

<u>How to Prepare</u>: A Chau Mukhi Diya is a lamp with four wicks, one in each direction (North, South, East, and West). You can use either oil or ghee in the diya. Place it at the entrance of your home or in the central prayer area.

<u>Why to Prepare</u>: The four wicks symbolize the spreading of light and positive energy in all directions, protecting the home from negative forces and bringing prosperity from all corners of the world.

It is said to remove any darkness or obstacles, ensuring success and growth.

Rangoli:

Decorate the entrance with Rangoli. The color scheme should be aligned with the directions for maximum positive impact:

1. South to East: Red, Pink, Orange, Green

- 2. North-East to North-West: Blue, Green, White, Purple
- 3. South-West: Yellow and Orange





### Diwali (Day 3 of Diwali)

Special Remedies at Satvatma to Get Mata's Blessings:

### Lotus Flower:

On Diwali, decorating the house or altar with Lotus flowers is considered especially auspicious. As Goddess Lakshmi, the deity of wealth and prosperity, is often depicted sitting on a lotus, this flower symbolizes purity, divine grace, and abundance. By placing lotus flowers in your home, you invite prosperity and divine blessings into your household.

#### Kaali Mata Energy:

In some parts of India, Kaali Puja is also observed during Diwali. If anyone in the household is facing severe challenges—such as health issues, court cases, property disputes, or suffering from negative energies like black magic—invoking Kaali Mata's energy can be a powerful remedy. On Diwali, chant Kaali Mata's mantra 11 times, followed by Lakshmi Mata's mantra, to draw upon Kaali Mata's protective force and Goddess Lakshmi's blessings of abundance. This combination of invoking both deities ensures protection from negative forces while opening up the flow of prosperity into your life.

#### Lakshmi Mata Yantra:

After invoking Kaali Mata's energy to clear away negativity and obstacles, it's important to invite Goddess Lakshmi's presence to fill the void with wealth, peace, and abundance. Installing the Lakshmi Mata Yantra in your home enhances this energy flow.

<u>What is it?</u>: The Lakshmi Mata Yantra is a sacred geometric diagram representing the goddess's divine energy. It is a tool to attract wealth, prosperity, and good fortune. Keeping this yantra in your prayer room or near the entrance on Diwali ensures that you channel Goddess Lakshmi's blessings throughout the year.

<u>How to Use</u>: Clean the yantra with rose water or Gangajal, place it on a clean altar, and chant the following Lakshmi Mata Mantra while visualizing the flow of prosperity into your life:

#### Lakshmi Mata Mantra:

ॐ श्रीं हीं श्रीं कमले कमलालये प्रसीद प्रसीद ॐ श्रीं हीं श्रीं महालक्ष्म्ये नम:

By invoking both Kaali Mata to remove obstacles and Lakshmi Mata to fill your life with wealth and success, you ensure a prosperous and harmonious Diwali.





### **Additional Rituals for a Prosperous Diwali**

### **House Cleaning and Decoration:**

Cleaning your home thoroughly before Diwali is an important ritual to remove negative energies and prepare the space for divine blessings. Decorate your home with lights, flowers, and diyas to invite positive energy.

**Gruh Pravesh and New Ventures:** 

Dhanteras is an ideal time for Gruh Pravesh (housewarming ceremonies) or inaugurating new offices and ventures, as the energy of the day is perfect for fresh starts and prosperous beginnings.

By observing these rituals during the Diwali week, you align yourself with the divine energies of prosperity, health, and protection. Each practice serves a specific purpose, from wealth attraction to warding off negative energies, ensuring a blessed and prosperous Diwali for your home and family.

For more such tips on auspicious rituals or to know more about personalized Diwali practices that bring prosperity and well-being, connect with Satvatma today!

